

School Wellness Policy Annual Progress Report

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This tool is to document each school's progress in meeting the expectations of the district's wellness policy. Schools should document the steps that have or will be taken. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of all goals.

Wellness Policy Language <i>(add more lines for goals as needed and change goal titles based on local policy language)</i>	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges and/or barriers of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
Nutrition Education Goals					
1. Nutrition education shall be included in the health curriculum so that instruction is sequential and standards-based and provides students with the knowledge, attitudes, and skills necessary to lead healthy lives.	X			Nutrition education is part of the science and health curricula in each grade level (K-8) and in additional high school courses offered (9-12)	The curriculum is reviewed and aligned along with material adoption every 6 years,
2. Nutrition education shall extend beyond the classroom by engaging and involving the school's food service staff.	X			Students view signage in the cafeteria (my plate, food groups, meal pattern items, physical activity) which encourage healthy eating and living.	Schools will continue to display appropriate signage.
3. Nutrition education shall reinforce lifelong balance by emphasizing the link between caloric intake (eating) and exercise in ways that are age-appropriate.	X			This area is enforced in all health classes.	The curriculum is reviewed and aligned along with material adoption every 6 years,
4. Nutrition education standards and benchmarks promote the benefits of a balanced diet that includes fruits, vegetables, whole grain products, and low-fat and fat-free dairy products.	X			An extensive unit is taught in all health classes to encourage healthy eating habits and foods.	Schools will continue to teach appropriate healthy behaviors.
Physical Education and Physical Activity Goals					

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1a. A sequential, comprehensive physical education program shall be provided for students in K-12 in accordance with the physical education academic content standards and benchmarks adopted by the State.	X			The Physical Education courses and materials are thoroughly aligned to state standards every six years with the adoption cycle.	Curriculum and materials will be realigned at the next adoption.
1b. The sequential, comprehensive physical education curriculum shall provide students with opportunities to learn, practice, and be assessed on developmentally appropriate knowledge, attitudes, and skills necessary to engage in lifelong, health-enhancing physical activity.	X			Grades K-6 have daily recess.	
1c. Planned instruction in physical education shall teach cooperation, fair play, and responsible participation.	X				
2a. Schools shall encourage families to provide physical activity outside the regular school day, such as outdoor play at home, participation in sports sponsored by community agencies or organizations, and in lifelong physical activities like bowling, swimming, or tennis.	X			Fairmount & Summitville communities have youth softball, baseball & Soccer. James Dean Festival sponsors a Garfield race for youth 4-12 years old. MG athletics have sports camps for all the major sports for kids grade 1-6. Students in grades 5-12 participate in extra-curricular athletics. MG sponsors a tennis tournament for the	Students will continue to have the opportunity to participate in school and community activities throughout the year.

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2b. The school shall encourage families and community organizations to help develop and institute programs that support physical activity of all sorts.	X			community. All MG staff have access to work out room with exercise equipment. The towns of Fairmount, Summitville, and Fowlerton have community parks with walking trails, basketball courts, baseball fields, and playground equipment.	
Other School Based Activities Goals					
1. Students, parents, and other community members shall have access to, and be encouraged to use, the school's outdoor physical activity facilities outside the normal school day.	X			Both elementary schools have a playground the community can use. At the High School, the tennis courts are available for community use. And community members can walk around the parking lot.	
2. Schools in our system utilize electronic identification and payment systems, therefore, eliminating any stigma or identification of students eligible to receive free and/or reduced meals.	X			Madison Grant uses a computerized meal program for purchasing meals, free and reduced applications, and meal account deposits.	
3. Students are discouraged from sharing their foods or beverages with one another during meal times, given concerns about allergies and other restrictions on some	X			Students are discouraged from sharing at the table, however if students do not want any prepackaged food item, it can be put on a sharing table for others to have.	Cafeteria managers continue to monitor food allergies and special diets.
Nutrition Promotion Goals					
With regard to nutrition promotion, any foods and beverages marketed or promoted to students on the school campus, during the school day, will meet or exceed the USDA Smart Snacks in School nutrition	X			Madison Grant permits marketing on the school campus during the school day of only those foods and beverages that meet the competitive food/beverage requirements. (Smart Snacks)	

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Additionally, the Corporation shall: 1. encourage students to increase their consumption of healthful foods during the school day;	X				
2. create an environment that reinforces the development of healthy eating habits, including offering the following healthy foods: a. a variety of fresh produce to include those prepared without added fats, sugars, refined sugars, and sodium b. a variety of vegetables daily to include specific subgroups as defined by dark green, red/orange, legumes, and starchy c. whole grain products - half of all grains need to be whole grain-rich upon initial implementation and all grains must be whole grain-rich within two (2) years of implementation d. fluid milk that is fat-free (unflavored and flavored) and low-fat (unflavored) e. meals designed to meet specific calorie	X			Madison Grant participates in the National School Breakfast Program, the National School Lunch Program, After School Snack Program, and the Summer Food Service Program. MG assures all food and beverages served meet the USDA requirements. All Cafeterias provide an attractive and clean environment for the students to eat in. Variety of art work and posters promote health eating and lifesyle. Cafeteria managers have implemeneted Smarter Lunchroom techniques to promote healthy eating.	MG will continue to meet all USDA requirements and be aware of all new updates.
3. eliminate trans-fat from school meals;	X				
4. require students to select a fruit or vegetable as part of a complete					

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5. provide opportunities for students to develop the knowledge and skills for consuming healthful foods;					
6. discourage rewarding children in the classroom with candy and other foods that can undermine children’s diets and health and reinforce unhealthy eating habits. A wide variety of alternative rewards can be used to provide positive reinforcement for children’s behavior and academic performance.	X				
Other Guidelines					
A. In accordance with Policy 8500, entitled Food Service, the food service program shall comply with Federal and State regulations pertaining to the selection, preparation, consumption, and disposal of food and beverages as well as to the fiscal	X			Cafeteria managers follow Federal and State guidelines when developing menus. Madison Grant has a Food Safety plan that follows selection, preparation, consumption and disposal of the food served.	
B. The sale of foods of minimal nutritional value in the food service area during the lunch period is prohibited.	X				
C. As set forth in Policy 8531, entitled Free and Reduced Price Meals, the guidelines for reimbursable school meals are not less restrictive than the guidelines issued by the U.S. Department of Agriculture (USDA).	X				

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<p>D. The sale to students of foods and beverages that do not meet the USDA Dietary Guidelines for Americans and the USDA Smart Snacks in School nutrition standards to be consumed on the school campus during the school day is prohibited. Competitive foods available for purchase by students à la carte in the dining area, foods or beverages sold from vending machines, and foods and beverages provided by the school or school staff for classroom parties or holiday celebrations are subject to this prohibition.</p>	<p>X</p>			<p>All items sold to students (a la carte) during meal times meet the Smart Snack Standards.</p>	
<p>E. The schools shall encourage that all foods that are provided, not sold, on the school campus during the school day, including foods and beverages provided for classroom parties or holiday celebrations comply with the current USDA Dietary Guidelines for Americans and the USDA Smart Snacks in School nutrition standards.</p>	<p>X</p>			<p>Parents and teachers are encouraged to provide healthy food and beverage options during classroom and holiday celebrations.</p>	
<p>F. The food service program will strive to be financially self-supporting; however, if it is necessary to subsidize the operation, it will not be through the sale of foods with minimal nutritious value.</p>	<p>X</p>				
<p>G. The food service program will provide all students affordable access to the varied and nutritious foods they need to be healthy and to learn well.</p>	<p>X</p>			<p>Free/Reduced meal applications are available to students and families. Meal prices are only raised when required by regulations. Cafeteria provide options for</p>	<p>Schools will continue to keep costs down while providing varied and nutritious foods to students.</p>

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H. All food items and beverages available for sale to students for consumption on campus between midnight and thirty (30) after the close of the regular school day shall comply with the current USDA Dietary Guidelines for Americans, including, but not limited to, competitive foods that are available to students à la carte in the dining area, as well as food items and beverages from vending machines, school stores, or fund-raisers by student clubs and organizations, parent groups, or boosters clubs.	X			Currently, school organizations do not sell food during the school day for a fundraiser. However, each school is allowed two exemptions per year per building.	
I. The school shall prepare and distribute to staff, parents, and after-school program personnel a list of snack items that comply with the current USDA Dietary Guidelines for Americans.	X			Information and snack suggestions can be found on the MG Food service Web page. Link is found on the Madison Grant Home Page.	Food Service Director will continue to update the web page with new information.
J. The food service program shall be administered by a director who is properly qualified, certificated, licensed, or credentialed, according to current professional standards.	X			Madison Grant Food Service Director meets the requirements of the current professional standards.	
K. Continuing professional development shall be provided for all staff of the food service program.	X			Madison Grant provides provides professional development for all staff. FSD receives 12 hours yearly, Managers receive 10 hours yearly, and cooks receive 6 hours	

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The Superintendent shall appoint a Corporation wellness committee that may include parents, students, representatives of the school food authority, nutritionists or certified dieticians, educational staff (including health and physical education teachers), mental health and social services staff, school health professionals, the School Board, school administrators, and members of the public to oversee the development, implementation, evaluation, and periodic update, if necessary, of the wellness policy at least once a year.	X				